



**Activities Unlimited
General Meeting
July 14, 10 am
Midland Park Christian Reformed Church
183 Godwin Ave. Midland Park**

President's Message

Friends,

Like many of you, I'm often asked what is so special about AU. Why do I like AU so much? There are many reasons, of course—too many to list—but the answer begins with the people. AU is a place where friendship, good humor, and shared experience come together. It is a club built not only on activities and gatherings, but on the character of the men who show up for one another, welcome new faces, keep old friendships strong, and carry forward a spirit of fellowship that is hard to find anywhere else.

In many ways, AU reflects the very qualities that have made America great. Our country's excellence has always rested on community—neighbors helping neighbors, citizens giving their time, and people believing that something lasting is built when we work together. That is AU. That is America.

This month we celebrate the 250th birthday of our Republic. Take a moment to appreciate what we have in both club and country.

God Bless America.

Gaspar Lesznik

President 2026



ACTIVITIES UNLIMITED



2026 OFFICERS



Gaspar Lesznik
President
201-774-8608



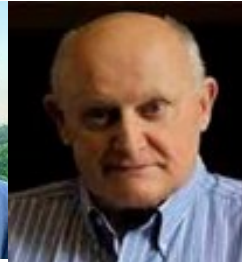
Adolph Galluccio
1st Vice President
973-392-4802



Jack Warner
2nd Vice President
201-406-3779



Winston Lau
Secretary
201-232-0383



Doug Cooper
Treasurer
908-907-1112



Gabe Carifi
Assistant Treasurer
201-738-8323

Membership Dues for 2026 are \$60.
Mail your check payable to **Activities Unlimited** to:
Gabe Carifi
299 Sicomac Ave. Apt. 1202
Wyckoff, NJ 07481

Welcome New Members

Name	Address	Interests	Contact Information
Chris Antone	42 Yardly Ct., Glen Rock, NJ 0745	Bocce, Book Club, Long Hiking, Short Hiking, Pickleball	waffles1952@gmail.com, 845-825-2122
Leo Donnelly	444 Glendale Rd., Wyckoff, NJ 07481	Investment Study, Stock Market Club, Short Hiking, Stock Picking Contest	Leo.g.donnelly@gmail.com 551-795-2846
Joe McKay	30 Peters Lane, North Haledon, NJ 07508	Band, Investment Study, Luncheon Club, Book Club, Computer Club, History Club	barkroadjoe@hotmail.com 973-943-1974
Gregory Cunningham	34 Aspen Way, Oakland, NJ 07436	Stock Market Club, Golf, Pickleball	grc34@me.com 201-803-8804
Hani Kopti	47 Magnolia Way, North Haledon, NJ 07508	Investment Study, Golf, Stock Picking Contest	hanicopti@gmail.com 917-355-3190

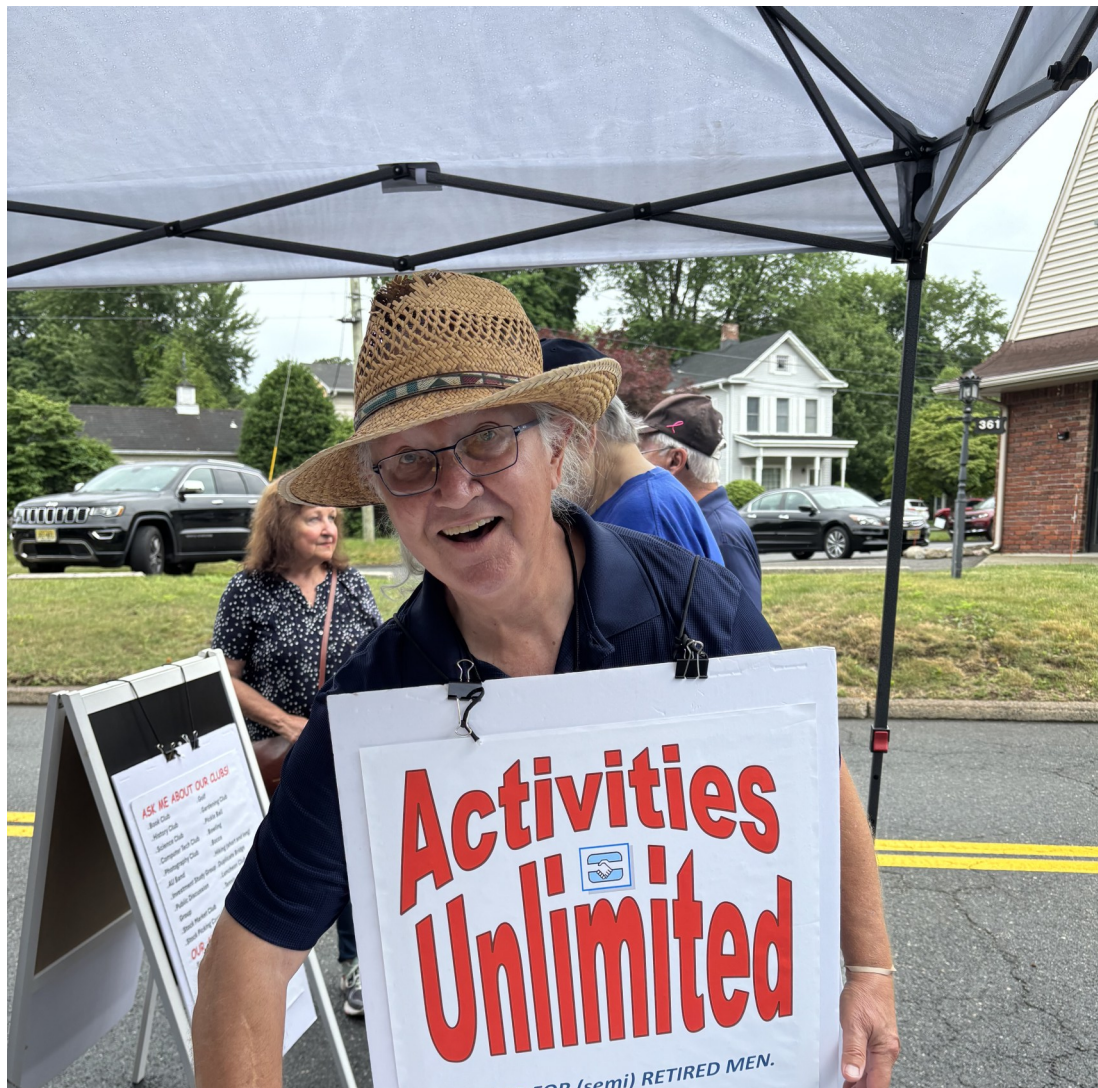
Annual BBQ

The AU Annual BBQ at the Red Barn in Crestwood Lake Park was a success, bringing together nearly 90 attendees for an afternoon of great food and camaraderie. Guests enjoyed a delicious catered spread of burgers, hot dogs, and ribs, all served in a perfect summer setting. The AU Band kept the crowd entertained throughout the event, adding to the lively and welcoming atmosphere.



Wyckoff Day

AU President Gaspar Lesznik proudly represented Activities Unlimited at the Wyckoff Day celebration on June 27, 2026, greeting visitors and sharing the club's mission while recruiting new members. His energy and enthusiasm helped make the booth a lively stop for community members throughout the day.





Trips & Tours



Chair: Tom Van Lenten
201-248-7207

Trips & Tours Club will meet on July 14 after the General Meeting at the Midland Park Christian Reformed Church.

Upcoming Events – Summer and Fall 2026

July 11, Evening at the Meadowlands Racetrack. Get ready for an exciting evening of live harness horse racing, great food, refreshing drinks, and even better company at the legendary Meadowlands Racetrack! Members who have signed up for the event, expect to receive an email from Tom Van Lenten the week of the event with detailed instruction on event logistics. Looking forward to seeing you there!

July 21, NY Yankees Game at the Bronx Stadium. The event is sold out. Contact Jim Webb directly with any questions, at jimwebb970@gmail.com, 201-788-908. Flyer with event details is on page 6.

October (Date TBD) Lunch at Fino's in Allendale. Join us for an afternoon of good food and fellowship. Open to all members, spouses and guests. Time 12:00 pm. Mail checks payable to Activities Unlimited to: Joe Pullaro, 886 Iron Latch Road, Franklin Lakes, N.J. 07417.

The Trips & Tours Team is exploring a new event for the Fall :

This would be an overnight trip to see "Sights & Sounds" theatre play and sight-seeing in Lancaster, PA. White Star Special Edition Trip celebrating the 250th anniversary of our country. Date and cost to be determined.

ACTIVITIES



UNLIMITED

AU FLASH—NY YANKEES GAME

Where: Yankee Stadium,
Address: Bronx NYC
When: July 21, 2026, Tuesday
Time: 7:05 PM Game Time

Transportation: Bus

Meeting Place: Wyckoff Reformed Church 4:15 PM

Cost: \$90 per person - Yankee Ticket and Bus

Food & Drink: Pay as you go at stadium

Invited: AU Member and Guest

Restrictions: We have limited seats on the bus which limits the number of tickets we can purchase for the game

Reservations: Reserve with Payment ASAP—Deadline is May 15th
 (Tickets are assigned only when payment is received)

Send Payments to:

Jim Webb - 970 Pines Terrace, Franklin Lakes, NJ 07417

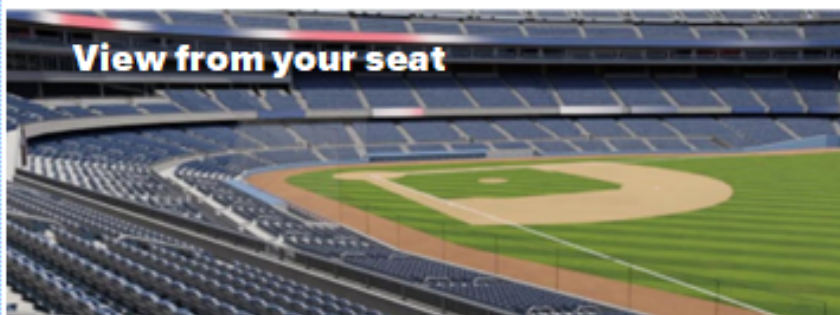
jimwebb970@gmail.com, 201-788-9085



July 21, 2026



Last Name Member	First Name	Phone	Email
Last Name Guest	First Name	Phone	Email



View from your seat

Game Cancellation —Yankee Rain Date

Cut Off Date for Reservation—Friday May 15, 2026



Current Month Club Activities

AU Guys

The AU Guys Big Band generally meets Wednesdays at 10 am at the Midland Park VFW Hall.

Chair: John DeSantis: 201-447-0256

Co-Chair: Frank Altomare: 201-410-4712

Book Club

The Book Club will be meeting on July 22 in the Memorial Room of the Wyckoff Reformed Church at 10 am. The books to be discussed are: "**Shadow Divers**" by Robert Kurson, a gripping non-fiction narrative that chronicles the true adventure of two deep-sea divers, as they risk everything to uncover the mystery of a sunken WWII German U-boat off the coast of New Jersey; and "**The One Man**", by Andrew Gross a historical novel about an American intelligence agent assigned to sneak into Auschwitz to find and escape with a German Jewish physics professor, the one man the Allies believe can ensure them victory.

Chair: Gregg Krieger 201-925-3197

Co-Chair: Peter Bieszard (201) 739-3584

Bowling Club

Bowling Club is on summer break.

Chair: Scott Japko, 201-788-5516

Co Chair: Bill Leo 845-263-5323

Bocce Club

The Bocce Club meets on Monday, Wednesday & Fridays at 10 am at Ramsey Courts on East Oak Street.

Chair: Walter Widmer, 551-286-4045

Garden Club

Garden Club will not have a meeting in July

Chair: Fred Theile, 201-981-1801

Current Month Club Activities

History Club

History Club will meet on July 28th, 1 pm at Midland Park VFW Hall. We are pleased to welcome Brian D. Scanlan, who is not an AU member but known by many of us. Brian has a B.A. in history from Rutgers University, is a former medical and scientific publisher who recently returned to journalism. His work has appeared in The New York Times, America, and The Record. Brian will present on "the forgotten Ellis Island," the station's 750-bed immigrant hospital that was the scene of triumph - health and admission, and tragedy -deportation or death. Built on islands specifically constructed for the purpose, the hospital also played important roles in World War I and World War II.

Chair Joe: Pullaro, 201-337-0018

Co-Chair: Steve Joern, 201-491-7456

Investment Study Group

No meeting in July.

Chair: Dennis LaBarbera, 561-222-1027

Co-chair: Fred Theile, 201-981-1801

Photography Club

The next Photography Club meeting is on July 28th at 10:30 am at the Midland Park VFW Hall.

Chair: Murray Perl, 201-261-7276

Public Discussion Club

The next July 8th at 10 am at the Franklin Lakes Ambulance Corps Building. Discussion topics include: (1) Fraud in the medical field, (2) Is the Save America Act a needed addition to the US election practices? (3) Is the Leftist's surge in New York's congressional primaries a problem? (4) How will Musk use his unprecedented wealth and power.

Chair: Walter Widmer, 551-286-4045

Co-Chair: Tom Butler, 201-452-6649

Current Month Club Activities (cont.)

Pickle Ball Club

Outdoor Pickleball Club will play every Tuesday morning starting at 9 am at the Wyckoff Courts located at 200 Woodland Ave. This is an open facility where anyone can play. Indoor Pickleball meet on Thursdays at 9 am at Passion Pickleball in Midland Park.

Chair: Ken Frisco: 973-919-6704

Science Club

The AU Science Club will meet on Tuesday, July 21 at 1pm at the Midland Park VFW. The meeting will be a roundtable discussion. The topic is **How Human Behaviors Influence Investment Decisions.**

Chair: Marc Bernhardt : 201-236-2957

No meeting in July.

Safe Shooting

Chair: David Hubschmitt, 973-650-0052
Co-Chair: Mark Stahl, 201-321-9986

Stock Market Club

The AU Stock Market Club meets on the first and third Tuesday of each month at 9am at the Midland Park VFW Hall. July meeting dates are 7th and 21th of the month.

Chair: Frank Nusspickel, 201-739-5773
Co-chair: Steve Klein, 201-264-1654

Stock Picking Contest

The results of the Stock Picking Contest will be shared the first week of the month.

Chair: John Abrahamsen, 201-739-8589

Current Month Club Activities (cont.)

Technology & Computer

No meeting in July.

Chair: Harry Bennett, 201-803-1475

Co-Chair: Fred Theile, 201-981-1801

Tennis Club

The Tennis Club will meet Mondays at 10 am Wyckoff Outdoor Tennis Courts.

Chair: Edward O'Keefe, 201-818-4031

Co-Chair: John Conforti, 201-788-3933

C&T and Science Club

Members of the C&T and Science Clubs gathered on June 16 at the Midland Park VFW for a fascinating joint presentation on how Neuralink surgery is helping ALS patients regain communication abilities. AU member Jerry Lynch shared his in-depth research on how Neuralink implants can restore a voice to those who have lost theirs due to ALS, making it an inspiring and eye-opening afternoon for all who attended.



Golf Club

32 golfers gathered at the Farmstead Golf Course for the Annual Spring Golf Outing on June 29th.



The first place winning team of the golf outing!



History Club

A full house of 45 members enjoyed an eye-opening June History Club session as Dr. Rob Stevenson, an AU member, took us beyond the textbook and into the real Revolutionary War—revealing what we learned in school wasn't always the whole story. A lively, engaging afternoon all around!



Care and Concern



Activities Unlimited Care and Concern Report for July

During the month of June 2026, the Care and Concern Committee sent out these cards: 3 Get Well, 1 Thank You, and 1 Condolence (for the passing on of our member Louis Parascandola).

Please let us know if we have missed any occasion of joy or concern by contacting John Toth at johntoth52@hotmail.com.

And for those AU members who have their birthday in July, please attend the AU General Meeting on Tuesday July 14th so we may sing “Happy Birthday” to you in person!

A Suggestion and Request from the Care and Concern Committee: It has seemed that a few AU members have let us know about the joys and concerns in their own lives. However, more AU members are quick to let us know about the joys and concerns of other members. So, please let us know when we can send a message of support to someone you know in our club. And, if you prefer, we will keep your name anonymous.

On Independence Day, July 4th, as we honor and remember our country, remember this: “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator, with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.” The Declaration of Independence, 1776.

Happy Independence Day from The Activities Unlimited Executive Board and the Care and Concern Committee! See page 13 for a list of July birthdays.

AU July Birthdays

**We are not
aging, we are
ripening to
perfection.**



Fred Theile

John Abrahamsen

Gregg Krieger

Richard Bogdan

Chris Antone

Steven Horvitz

Michael Savakis

Richard Stanton

Russell Shaver

Victor Bakian

Donald Wasson

Richard Bernarde

Peter Bieszard

Douglas Wasson

James Jeffers

David Kampschmidt

James Jeffers

Elliot Bern

Ken Leung

George Patterson

Herman Osofsky

Jim Savage

Frank Altamuro

Barry Warner

Jack Haegele

Stan Heimberger

Leonard Zuravnsky

Charles Kelly

Tom Martin

William Carhart

David Meinhard

Jack Vitenson

Robert Rosen

Robert Traitz

Bill Auer

Stephen Klein

Joseph Clinton

Ted David

Tom O'Neill

William Burdick

Keep Smiling

1. Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.
2. If you can't think of a word, just say, "I forgot the English word for it". That way people will think you are bilingual instead of an idiot.
3. I'm at a place in my life where errands are starting to count as going out.
4. My goal for this year was to lose 10 pounds. Only have 14 to go.
5. I just did a week's worth of cardio after walking into a spider web.
6. Senility has been a smooth transition for me.
7. I may not be that funny, athletic, good-looking, smart, or talented but ... I forgot where I was going with this.
8. I love being old. I learn something new every day and forget 5 other things.
9. A thief broke into my house last night. He started searching for money, so I got up and searched with him.
10. I think I'll just put an "Out of Order" sticker on my forehead and call it a day.
11. Just remember, once you're over the hill, you begin to pick up speed.
12. Having plans sounds like a good idea until you have to put on clothes and leave the house.
13. It's weird being the same age as old people.
14. When I was a kid, I wanted to be older. This is not what I expected.
15. Life is like a helicopter. I don't know how to operate a helicopter either.
16. It's probably my age that tricks people into thinking I'm an adult.
17. Marriage Counselor: Your wife says you never buy her flowers. Is that true? Me: To be honest, I never knew she sold flowers.
18. Never sing in the shower! Singing leads to dancing, dancing leads to slipping and slipping leads to paramedics seeing you naked. So, remember... Don't sing!

Keep Smiling!

John is having a bad day.

He tried to button his shirt
and the button fell off.

He picked up his briefcase
and the handle fell off.

He went to open the door
and the doorknob fell off.

Now he's afraid to pee.

**I wonder if the
people paying
\$300 for a colon
cleanse even
know about
Taco Bell's
\$4.99 deal.**

IN ORDER TO MAKE AN APPOINTMENT, HE
FIRST HAD TO UPDATE HIS OPERATING
SYSTEM, DOWNLOAD AN APP, GET A
USERNAME, CHOOSE A PASSWORD, LOG IN
TO A HEALTH PORTAL, NAVIGATE TO
MESSAGES AND WRITE HIS DOCTOR...BY
THEN IT WAS TOO LATE.



**IF EVERY COMPUTER IN
THE WORLD CRASHED, AND
THE INTERNET WAS
COMPLETELY GONE, PEOPLE
MY AGE ARE THE ONLY O-
NES WHO COULD COPE.**

